



**Ann Brewster, MA, CCC-SLP**  
**Speech Therapist**

Ann graduated from Southeast Missouri State University with her Bachelor of Science degree in 1996. In 1998, she obtained her Master's degree in Speech Language Pathology. Ann has worked with both children and adults, but mainly pediatrics. She has worked with children ages birth-three (First Steps), preschool and school-age children (K-12th grade).

In Ann's free time, she enjoys spending time with her family and playing the piano. Ann enjoys being a speech therapist because she feels blessed to be able to help improve quality of life for both children and adults.

**Bethany Rhodes, MA, CCC-SLP**  
**Speech Therapist**

Bethany graduated from Southeast Missouri State University with her Master's degree in Speech Language Pathology in 2008. Throughout her professional career, Bethany has worked with a variety of pediatric and adult patients. Bethany holds certification in Vital Stim therapy for treatment of both pediatric and adult patients. While she enjoys working with a variety of patients, she feels most passionate about feeding and swallowing disorders.

Bethany and her husband spend most of their free time outside, whether it be hiking, camping, cycling or running with their greyhound Jade. Bethany was inspired to become a Speech Pathologist after watching her younger sister receive therapy and progress in her communication skills. Bethany loves when patients improve their skills and meet their goals!



## **Perry County Memorial Hospital**

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### **Therapy Services**

**Debbie Hayden, RN, BSN, OTR/L**  
**Occupational Therapist**



Debbie graduated from Southeast Missouri State University in 1988 with a Bachelor of Science degree in Nursing. Her specialties in nursing include neonatal intensive care unit and home health. In 1999, she obtained her second Bachelor's degree in Occupational Therapy from St. Louis University. Her focus in Occupational Therapy has been in pediatric and adult outpatient rehab with an emphasis on ocular (vision) motor and learning disorders. Currently, she is focusing her practice on outpatient adult and pediatrics as well as inpatient hospital care. Debbie is also a therapist consultant for the National Association for Child Development (NACD). Additionally, she is certified in Cognitive Stimulation Therapy (CST) and credentialed by University College of London as a CST trainer for the US.

In Debbie's free time, she enjoys spending time with family, gardening and vacations. What she loves about her job the most is the feeling of significance from making a difference in someone's life.

**Beth Carlton, MOT, OTR/L**  
**Occupational Therapist**

Beth graduated from Maryville University, St. Louis with her Master's degree in Occupational Therapy in 2009. Throughout her professional career, Beth has worked with pediatric and adult patients in a variety of settings including home health, school systems, and outpatient and inpatient hospital care. Beth has specialized training in the treatment of pediatric feeding difficulties. She is also certified as a holistic nutrition consultant.

Beth enjoys spending her free time with her husband and children. She enjoys time outdoors and reading. What she loves about her job at PCMH is the variety of clients and the opportunity to make a difference in the lives of those within her hometown community.



**Valerie Bugger, MOT, OTR/L  
Occupational Therapist**

Valerie graduated from Maryville University, St. Louis with her Master's degree in Occupational Therapy in 2014. Throughout her academic and professional career, Valerie has worked in acute, inpatient, and outpatient rehabilitation as well as in skilled nursing facilities. She has worked with pediatrics, geriatrics and the mental health population.

Valerie spends her free time with her family and friends. She enjoys cooking, baking and reading. What she loves about her job is the patients she sees at PCMH and the exceptional care provided by all employees of PCMH. She enjoys providing client centered therapy and helping her patients succeed in their daily activities.



**Lindsay Lawrence, MOT, OTR/L, CHT  
Occupational Therapist, Certified Hand Therapist**

Lindsay graduated from Maryville University in 2007 with a Master's degree in Occupational Therapy. Since that time she has worked with pediatric and adult populations in acute, home health and outpatient settings. Her additional training is in pediatric development, feeding dysfunction and upper extremity rehab. She also is certified in hand therapy, which includes treatment areas of the shoulder, elbow, wrist and hand.

In Lindsay's free time, she enjoys spending time with her husband and their children, going to church and visiting parents. What she loves about her job is the variety of patients she is able to see at PCMH as well as being able to watch patients achieve their goals and enjoy their daily activities as a result of one-on-one treatment.



**Megan Moldenhauer, MOT, OTR/L  
Occupational Therapist**

Megan graduated from Maryville University with her Master's degree in Occupational Therapy in 2016. Her academic and professional career has allowed her to work in inpatient, outpatient and school settings. Megan has worked with the pediatric, adult and geriatric population.

Megan enjoys spending her free time with her friends and family. She enjoys reading and outdoor activities. What she loves about her job is having the opportunity to work with a variety of patients and make a difference in their lives. She enjoys being a part of her patients' journey to achieve their goals.



**Erin Allen, COTA/L  
Occupational Therapy Assistant**

Erin graduated from Xavier University in Cincinnati, Ohio in 2001 with a Bachelor of Science degree in Communication. After working in the international business community, she returned to Missouri and graduated from Meramec Community College with an Associate's degree in Occupational Therapy in 2012. Her experience includes pediatrics as well as hospital-based skilled and acute care.

In her free time, Erin spends most of her time with her husband watching their two little girls grow and learn new things. In what's left of her free time, she enjoys traveling, reading and attempting Pinterest projects. What she loves about her job is helping people and providing meaningful therapy that enables a person to return home and participate in the activities they love. She loves to see patients set a goal and achieve it.



**Joan Neyer, COTA/L  
Occupational Therapy Assistant**

Joan graduated from Southeast Missouri State University in 1985 with a Bachelor of Science degree in Business Administration. After working in the business world for seven years, Joan decided to take time off to raise her growing family. After many years of being a stay at home mom, she enrolled at Meramec Community College and graduated with an Associates degree in Occupational Therapy in 2012. Her

experiences since graduation include long term care, hospital based skill care, acute and geriatric care. In her free time, Joan spends her time with her husband and their four kids. Joan and her husband love to travel, play golf and go to St. Louis sporting events. What she loves about her job is helping people and providing the best therapy possible that enables them to regain their independence.

